

Country Club

Rehabilitation Campus at Mt. Vernon

A SENIOR HEALTHCARE COMMUNITY

JANUARY 2026

Medical Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Location Key: APT = Apartment MED DR = Medical Dining Room A-Wing DR = A Wing Dining Room</p> <p>All activities are subject to change due to activity staffing and weather</p>						
		<p>Purple is Religious Offering</p> <p>Red is Food Related</p>		 <p>Scan To Send Media to Social</p>		
		<p>Station Break. Please call (740) 397-2417 and set own reservation and ride</p>		<p>Mail Delivery Mon - Sat</p>		
<p>10:00 Residents Game of Choice (Med DR) 4</p> <p>2:00 Bingo (MED DR)</p> <p>3:00 Pastor Traig (MED DR)</p> <p>6:00 Resident Choice (MED DR)</p>	<p>National Whip Cream 5</p> <p>9:00 Let's Get Moving Exercises (APT DR)</p> <p>9:30 Conversation & Vanilla Cake Social (MED DR)</p> <p>10:00 Walmart Orders Are Due</p> <p>1:00 Granny Creek (MED DR)</p> <p>3:00 Ice cream Sundae Bar (MED DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 6</p> <p>10:00 Making Chocolate No Bakes (MED DR)</p> <p>1:00 Guess that 60's Rock Group (APT DR)</p> <p>2:00 Resident Council (BDR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 7</p> <p>10:00 Bing Bag Toss</p> <p>2:00 Sweet Treat Bingo (MED DR)</p> <p>3:00 Root Beer Floats (MED DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 1</p> <p>10:00 Pastor Bob's Gospel Service (MED DR)</p> <p>1:00 Let's Play High-Low (APT DR)</p> <p>3:00 Manicures & massages (MED/APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>National Buffett Day 2</p> <p>9:00 Let's Get Moving Exercises (APT DR)</p> <p>10:00 Making Tie-Dye Shirts</p> <p>1:00 Yahtzee</p> <p>2:00 Happy Hour with Buffett (MED DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>10:00 Residents Game of Choice (MED DR) 3</p> <p>2:00 Candy Bingo (MED DR)</p> <p>3:00 Movie - Matinee (MED DR/ APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>
<p>10:00 Residents Game of Choice (Med DR) 11</p> <p>2:00 Bingo (MED DR)</p> <p>3:00 Movie Matinee (MED DR/APT DR)</p> <p>6:00 Resident Choice (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 12</p> <p>9:30 Conversation & Muffin Social (MED DR)</p> <p>10:00 Walmart Due (APT/MED)</p> <p>1:00 Uno</p> <p>2:00 Foam Axe Throwing (APT DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 13</p> <p>10:00 Canvas Painting</p> <p>2:00 Wii Bowling (MED DR)</p> <p>3:00 Charades (MED DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 14</p> <p>10:00 Phase Ten (APT DR)</p> <p>2:00 Sweet Treat Bingo (MED DR)</p> <p>3:00 Ice Cream (Soda Shoppe)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>DINE IN MONEY DUE 15</p> <p>9:00 Let's Get Moving Exercises (APT DR)</p> <p>10:00 Pastor Bob's Gospel Service (MED DR)</p> <p>2:00 Cooking With Lane Waffle Bar</p> <p>3:00 Manicures & Massages (MED/APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 16</p> <p>10:00 Make Your Own Pizza (MED DR)</p> <p>1:00 Country Gospel With Larry Splain</p> <p>2:00 Happy Hour with Pizza (MED DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>10:00 Residents Game of Choice (MED DR) 17</p> <p>2:00 Candy Bingo (MED DR)</p> <p>3:00 Movie - Matinee (MED DR/ APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>
<p>10:00 Residents Game of Choice (Med DR) 18</p> <p>2:00 Bingo (MED DR)</p> <p>3:00 Pastor Traig (MED DR)</p> <p>6:00 Resident Choice (MED DR)</p>	<p>National Popcorn Day 19</p> <p>9:00 Let's Get Moving Exercises (APT DR)</p> <p>9:30 Conversation & Chocolate Cake Social (MED DR)</p> <p>10:00 Walmart Orders Due (APT/MED)</p> <p>1:00 Popcorn Balls (APT DR)</p> <p>3:00 Penny Toss (APT DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>National Cheese Lovers Day 20</p> <p>9:00 Let's Get Moving Exercises (APT DR)</p> <p>10:00 Hang Man (APT DR)</p> <p>1:00 Conversation with Chris & Bingo (MED DR)</p> <p>2:00 Wii Bowling (MED DR)</p> <p>3:00 Cheese & Wine</p> <p>6:00 Resident Choice (APT DR)</p>	<p>Arby's DINE IN 11:00-12:00 21</p> <p>9:00 Let's Get Moving Exercises (APT DR)</p> <p>10:00 Spades (MED DR)</p> <p>2:00 Sweet Treat Bingo (MED DR)</p> <p>3:00 Ice Cream Sundaes (Soda Shoppe)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 22</p> <p>10:00 Pastor Bob's Gospel Service (MED DR)</p> <p>1:00 Hang Man (APT DR)</p> <p>3:00 Manicures & Massages (APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 23</p> <p>10:00 7/11 (MED DR)</p> <p>1:00 UNO (MED DR)</p> <p>2:00 Happy Hour with Tacos (MED DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>10:00 Residents Game of Choice (MED DR) 24</p> <p>2:00 Prize Bingo (MED DR)</p> <p>3:00 Movie - Matinee (MED DR/ APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>
<p>10:00 Residents Game of Choice (Med DR) 25</p> <p>2:00 Bingo (MED DR)</p> <p>3:00 Movie Matinee (MED DR/APT DR)</p> <p>6:00 Resident Choice (MED DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 26</p> <p>9:30 Conversation & Funfetti Cake Social (MED DR)</p> <p>10:00 Walmart Orders Due (APT/MED)</p> <p>1:00 Paper Community Garden (MED DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 27</p> <p>10:00 Skip- Bo</p> <p>1:00 Create Your Own Puzzle (APT DR)</p> <p>2:00 Wii Bowling (MED DR)</p> <p>3:00 Chocolate Cake Social</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 28</p> <p>10:00 Make The Sweet Treat For Bingo (APT DR)</p> <p>2:00 Sweet Treat Bingo (MED DR)</p> <p>2:00 End of Month Birthday Party (MED DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 29</p> <p>10:00 Pastor Bob's Gospel Service (MED DR)</p> <p>2:00 Cooking With Lane Ham Rollups, Pig & Blankets (Awing DR)</p> <p>3:00 Manicures & Massages (MED DR/APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>	<p>9:00 Let's Get Moving Exercises (APT DR) 30</p> <p>10:00 Left Right Center (APT DR)</p> <p>2:00 Happy Hour With Cheese Quesadillas (MED DR)</p> <p>6:00 Euchre (APT DR)</p>	<p>10:00 Residents Game of Choice (MED DR) 31</p> <p>2:00 Candy Bingo (MED DR)</p> <p>3:00 Movie - Matinee (MED DR/ APT DR)</p> <p>6:00 Resident Choice (APT DR)</p>