

## Services and Amenities

**The Person-Centered Care** concept puts the resident in charge of all care decisions.

**Restaurant Dining** offers delicious, homemade comfort foods prepared by our chef and ordered tableside from a menu.

**Touchtown Internet Resident Gateway** keeps residents' connected with activities and events at the campus.

**Memory Care** services celebrate the life of each and every resident.

**Respite Care** provides short-term accommodations to allow caregivers a needed break.

**Adult Day Care** provides care for seniors who need assistance and supervision during the day.

**Sanctuary Home Health Care** provides dependable, compassionate services, enhancing the quality of life at home.

**Palliative Care/Hospice Care** provides compassion and comfort to patients at all levels of care.

Some services may not be available at all campuses.

## Ashtabula

925 E. Twenty Sixth St.  
Ashtabula, OH 44004  
(440) 992-0022

## Bellaire

55801 Conno-Mara Drive  
Bellaire, OH 43906  
(740) 676-2300

## Dover

860 E. Iron Ave.  
Dover, OH 44622  
(330) 343-5568

## Mt. Vernon

1350 Yauger Road  
Mt. Vernon, OH 43050  
(740) 397-2350

### Apartments

*Assisted Living Services & Suites*  
*Rehabilitation & Therapy Services*  
*Skilled & Restorative Nursing*  
*Sanctuary Home Health Care*

# Country Club Retirement Campus

*A Senior Health Care Community*



## Restaurant Dining



Enjoy good  
old-fashioned  
home cooking  
~ Chef Tim

# Enjoy Good Old-Fashioned Home Cooking

**Did you know...** you can enjoy delicious, homemade meals prepared by our chef and ordered tableside from a menu. Choose your restaurant, join a table of friends and enjoy the comforts of home!

Good old-fashioned home cooking is a vital part of the Country Club Retirement Campus experience. Meals are made to order from scratch by our chefs, who use only the freshest local ingredients. Registered dietitians keep close tabs on residents' nutritional needs, so the appetizing meals match the care plan designed by their physician.



## Person-Centered Dining

The person-centered dining experience allows our residents to take control of one of the most important aspects of their daily lives. Quality of life is enhanced through choice, variety and customer service through our restaurant dining experience.

Our own Chef Tim Travis leads our person-centered dining experience which features:

- Highly trained chefs in our kitchens
- Local, fresh ingredients used to create soups, appetizers, entrees and desserts
- Signature menu items suggested by our residents

## Quality of Life

- Allows residents to take control of their dining experience and enhances general well-being and improves participation in therapy and other treatment programs
- Enticing aromas fill the campus, stimulating appetites and drawing residents out of their rooms and into the dining room
- Increased socialization reduces depressive behaviors, resulting in reduced use of psychotropic anti-depressive medications, which are counter-productive to quality of life

## Hydration

- Proper hydration lubricates joints and tissues, allowing for faster healing and a more intense therapy workout
- Proper hydration prevents muscle cramping and quickens muscular response, allowing for longer therapy workouts
- Proper hydration carries nutrients and oxygen to the cells which prevents common infections such as UTIs and URIs

## Nutrition

- Proper nutrition provides protein and collagen necessary for wound healing and prevention of soft tissue breakdown
- Calcium and other nutrients improve bone health and speed healing, allowing for a faster recovery
- Properly supervised nutrition programs provide an overall increase in energy, which allows an improved quality of life and greater stamina for longer and more intense treatment sessions with your therapist

## SureQuest Safety and Convenience

Country Club Retirement Campuses utilize the latest technology to provide a unique dining experience. SureQuest supports resident, diet, recipe, snack and menu management, nutritional analysis and tableside select menus. SureQuest and ThreeSquares software allows for real time menu changes and documentation, and ties everything together, supporting resident care and safety.