

## Services and Amenities

**The Person-Centered Care** concept puts the resident in charge of all care decisions.

**Restaurant Dining** offers delicious, homemade comfort foods prepared by our chef and ordered tableside from a menu.

**Touchtown Internet Resident Gateway** keeps residents connected with activities and events at the campus.

**Memory Care** services celebrate the life of each and every resident.

**Respite Care** provides short-term accommodations to allow caregivers a needed break.

**Palliative Care/Hospice Care** provides compassion and comfort to patients at all levels of care.

**Sanctuary Home Health Care** provides dependable, compassionate services, enhancing the quality of life at home.

Some services may not be available at all campuses.

### Ashtabula

925 E. 26th St.  
Ashtabula, OH 44004  
(440) 992-0022

### Bellaire

55801 Conno-Mara Dr.  
Bellaire, OH 43906  
(740) 676-2300

### Dover

860 E. Iron Ave.  
Dover, OH 44622  
(330) 343-5568

### Mt. Vernon

1350 Yauger Rd.  
Mt. Vernon, OH 43050  
(740) 397-2350

*Apartments*  
*Assisted Living*  
*Rehabilitative Therapy*  
*Skilled Nursing*  
*Sanctuary Home Health Care*

# Country Club Retirement Campus

*A Senior Health Care Community*

## Rehabilitation Services

## Physical, Occupational & Speech Therapy

## Restorative Nursing

*... because there's no place like Home.*



[countryclubretirementcampus.com](http://countryclubretirementcampus.com)



# Our Amazing Therapy Team Working To Get You Back Home!

Recover in comfort in a large private suite with a flat screen tv, free cable and wifi while enjoying good old-fashioned home cooking.

When you need rehabilitation and restorative nursing after surgery, illness or injury, our staff creates a positive environment to help residents recover and look forward to returning home.



## Physical, Occupational & Speech Therapy

- Stroke recovery and rehabilitation
- Cardiac recovery including COPD and congestive heart failure
- Fall prevention and management
- Transferring and mobility
- Dysphasia (swallowing) disorders
- Osteoarthritis and rheumatoid arthritis management
- Joint replacement recovery training
- Knee and hip replacement recovery
- Shoulder and elbow replacement recovery
- Non-surgical, medication-free treatment options
- Active assisted therapeutic exercise and biofeedback
- Peripheral neuropathy (painful burning feet) care
- Specialty prosthetics, splints and adaptive equipment

- Gait training
- Adaptive equipment
- Functional transferring and ambulation
- Cognitive strategy training
- Wheelchair positioning and mobility
- Safety training with residents, family and caregivers
- Return to home assessment with follow-up care

Through exercise, pain management, the latest technologies and cognitive/retraining programs, residents are able to increase strength, mobility and endurance, thus enhancing quality of life.



**Medicare, Medicaid  
and most  
Major Insurances  
accepted.**